

Two-Week TPLO Post-Op Evaluation

Patient: _____

Date: _____

Incision

- The skin incision has healed and no additional treatment is needed.
- An infection is present and an antibiotic (_____) was prescribed.
- The incision is irritated because your pet has been licking the site.
- The following is recommended:
 - Apply Neosporin Plus Pain Control to the incision three times daily for 7 days.
 - Apply Bitter Apple solution (available at pet stores) around the incision twice daily for 7 days.
 - Keep an Elizabethan collar on your pet until the incision has healed (inflatable collars may be available at Pet Smart or your primary care veterinarian).

Exercise and activity

- The sling is now only needed for going up or down stairs.
- A leash must be kept on your companion whenever going outdoors.
- No leash walks are permitted other than what is necessary for urination and bowel movements.
- Ten-minute slow walks are permitted 3 times daily until the next recheck (in 6 weeks from now).
- Jumping, running, unattended stair climbing and playing with other pets are not permitted.

Rehabilitation

- Application of warm and cold compresses can be discontinued.
- Range of motion exercises should be performed twice daily for 4 weeks. This involves fully extending and flexing the knee. The goal is to flex the stifle so that the tip of the ankle (hock) can touch the rump. Hold the knee in maximal flexion and extension for 3 seconds in each position. Twenty repetitions should be done during each session.
- We recommend rehabilitation therapy by a professional therapist.

Supplements for arthritis

- Dasuquin (glucosamine/chondroitin supplement)
- Welactin (omega fatty acid concentrate)
- Prescription joint diet such as Hill's J/d or similar diet (has omega fatty acids)
- Other: _____

Summary

- The knee is stable and healing is progressing normally.
- The knee is stable and healing is progressing slower than normal.

Next recheck evaluation - Please make an appointment to return to us in 6 weeks for an evaluation and x-rays of the knee.