

## 2-Week Postop Care Instructions – Pelvic Fracture

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

### Incision

- Not applicable
- The skin incision has healed and no additional treatment is needed.
- The incision is irritated because your pet has been licking the site.
- The following is recommended:
  - Apply Neosporin Plus Pain Control; two to three times daily to the incision or irritated skin for 7 to 10 days.
  - Apply Bitter Apple solution (available at pet stores) around the incision twice daily for 7 days.
  - Keep an Elizabethan collar on your pet until the incision has healed (inflatable collars may be available at Pet Smart or your primary care veterinarian).

### Exercise

- All activity can return to normal.
- Limit Activity to a small room.
- Walking around the house is permitted
- Jumping, running, unattended stair climbing and playing with other pets are not permitted.

### Rehabilitation

- Range of motion exercises should be performed twice daily for 6 weeks. This involves fully extending, flexing, and abducting the hip. Hold the hip in maximal flexion, extension and abduction for 3 seconds in each position. Also do range of motions of the knee and ankle joints. Twenty repetitions should be done during each session.
- We recommend rehabilitation therapy by a professional therapist.

### Medication and Diet

- Dasuquin or Cosequin, as directed on the bottle.

### Summary

- The healing of the pelvis is progressing normally.
- The healing of the pelvis is progressing slower than normal.

### Next recheck evaluation

Please make an appointment to have another evaluation performed in 6 weeks from now.