

2 Week Recheck – Humeral Shaft Fracture Repair (Cat)

Patient: _____

Date: _____

Incision

- Not applicable
- The skin incision has healed and no additional treatment is needed.
- The incision is irritated because your pet has been licking the site.
- The following is recommended:
 - Apply Neosporin Plus Pain control two to three times daily to the incision or irritated skin for 7 to 10 days.
 - Apply Bitter Apple solution (available at pet stores) around the incision twice daily for 7 days.
 - Keep an Elizabethan collar on your pet until the incision has healed (inflatable collars may be available at Pet Smart or your primary care veterinarian).

Exercise

- Keep your cat in a small room or a crate with no elevated surfaces to jump upon.
- Jumping, running, unattended stair climbing and playing with other pets are not permitted.
- Provide a low litter pan for your cat so that it will be easy to get in for elimination purposes

Rehabilitation

- Range of motion exercises should be performed twice daily for 6 weeks. This involves fully extending, flexing, and abducting the shoulder and flexing and extending the elbow. Hold the joints in maximal flexion, extension for 3 seconds in each position. Also do range of motion exercises of the carpus. Twenty repetitions should be done during each session. Cold/warm therapy is no longer needed.
- We recommend rehabilitation therapy by a professional therapist.

Medication and Diet

- None needed.
- Dasuquin or Cosequin, as directed on the bottle.

Summary

- The healing of the humerus is progressing normally.
- The healing of the humerus is progressing slower than normal.

Next recheck evaluation

Please make an appointment to have another evaluation performed in 6 weeks from now.