

Fracture Repair

Two-Week Post-Op Evaluation

Patient: _____

Date: _____

Incision

- The skin incision has healed and no additional treatment is needed.
- The incision is irritated because your pet has been licking the site.
- The following is recommended:
 - Apply Neosporin Plus Pain Control two to three times daily to the incision for 7 to 10 days.
 - Apply Bitter Apple solution (available at pet stores) around the incision twice daily for 7 days.
 - Keep an Elizabethan collar on your pet until the incision has healed (inflatable collars may be available at Pet Smart or your primary care veterinarian).
 - A sock may be put on the operated limb to cover the incision and fastened with medical tape.

Exercise

- A leash must be kept on your companion whenever going outdoors.
- No leash walks are permitted other than what is necessary for urination and bowel movements.
- Ten-minute leash walks are permitted 3 times daily until the next recheck (in 6 weeks from now).
- Jumping, running, unattended stair climbing and playing with other pets are not permitted.

Cast/bandage

- No bandage/cast is needed.
- A cast/bandage has been applied to day. Twice daily, please check the toes for swelling (if there is no swelling the middle two toe nails will touch each other) and coldness. Other warning signs of a problem include a foul odor, discharge, increased lameness or excessive licking or chewing at the bandage. Please note that a new bandage/cast will feel strange to your pet initially, but he/she will typically get used to it within 12 hours. If your pet continues to be uncomfortable, please call us.
- The cast/bandage should be changed in _____ weeks.

Rehabilitation

- Application of warm and cold compresses can be discontinued.
- Range of motion exercises should be performed twice daily for _____ weeks. This involves fully extending and flexing the joints above and below the bone that was repaired. Hold the joint in maximal flexion and extension for 3 seconds in each position. Twenty repetitions should be done during each session.
- We recommend rehabilitation therapy by a professional therapist.

Summary

- Your pet's healing is progressing as expected
- Your pet's healing is delayed

Next recheck evaluation

Make an appointment to have the limb evaluated and x-rayed in _____ weeks from today.